RESTAURANT BJ's® BREWHOUSE

FOOD ALLERGEN SENSITIVITIES MENU AND GLUTEN-FREE SELECTIONS

SEPTEMBER 2026

MSG Notice: The Ranch Dressing available at select test locations contains MSG. Menu items identified with (TEST) include this dressing and are offered only at participating test locations. For additional information regarding participating locations or ingredients, please ask your server.

SHAREABLE APPETIZERS

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Ahi Poke	•	•						•	•		•	•
Ahi Poke (TEST)	•	•						•	•		•	•
Avocado Egg Rolls	•		•					•	•		•	
Big Twist Pretzel with BJ's Beer Cheese	•		•			•		•	•		•	
Brewhouse Bites Sampler with Bone-In Wings with Dip Choice Housemade Guacamole, Wing Rub Choice Dill Pickle Ranch Dry Rub	•		•			•					•	
Brewhouse Bites Sampler with Bone-In Wings with Dip Choice Housemade Guacamole, Wing Rub Choice Lemon Pepper Sesame Dry Rub	•		•			•					•	•
Brewhouse Bites Sampler with Bone-In Wings with Dip Choice Housemade Guacamole, Wing Sauce Choice BJ's Peppered BBQ	•		•			•					•	
Brewhouse Bites Sampler with Bone-In Wings with Dip Choice Housemade Guacamole, Wing Sauce Choice Honey BBQ	•		•			•					•	
Brewhouse Bites Sampler with Bone-In Wings with Dip Choice Housemade Guacamole, Wing Sauce Choice Hot Honey Buffalo	•		•			•			•		•	
Brewhouse Bites Sampler with Bone-In Wings with Dip Choice Housemade Guacamole, Wing Sauce Choice Nashville Hot	•		•			•		•			•	
Brewhouse Bites Sampler with Bone-In Wings with Dip Choice Housemade Guacamole, Wing Sauce Choice Sweet & Spicy Asian Glaze	•		•			•		•			•	•
Brewhouse Bites Sampler with Bone-In Wings with Dip Choice Housemade Guacamole, Wing Sauce Choice Tatonka® Stout Buffalo	•		•			•					•	
Brewhouse Bites Sampler with Bone-In Wings with Dip Choice Spinach and Artichoke Dip, Wing Rub Choice Dill Pickle Ranch Dry Rub	•		•			•					•	
Brewhouse Bites Sampler with Bone-In Wings with Dip Choice Spinach and Artichoke Dip, Wing Rub Choice Lemon Pepper Sesame Dry Rub	•		•			•					•	•
Brewhouse Bites Sampler with Bone-In Wings with Dip Choice Spinach and Artichoke Dip, Wing Sauce Choice BJ's Peppered BBQ	•		•			•					•	
Brewhouse Bites Sampler with Bone-In Wings with Dip Choice Spinach and Artichoke Dip, Wing Sauce Choice Honey BBQ	•		•			•					•	
Brewhouse Bites Sampler with Bone-In Wings with Dip Choice Spinach and Artichoke Dip, Wing Sauce Choice Hot Honey Buffalo	•		•			•			•		•	
Brewhouse Bites Sampler with Bone-In Wings with Dip Choice Spinach and Artichoke Dip, Wing Sauce Choice Nashville Hot	•		•			•		•			•	
Brewhouse Bites Sampler with Bone-In Wings with Dip Choice Spinach and Artichoke Dip, Wing Sauce Choice Sweet & Spicy Asian Glaze	•		•			•		•			•	•
Brewhouse Bites Sampler with Bone-In Wings with Dip Choice Spinach and Artichoke Dip, Wing Sauce Choice Tatonka® Stout Buffalo	•		•			•					•	
Brewhouse Bites Sampler with Bone-In Wings with Dip Choice Sriracha Queso Dip, Wing Rub Choice Dill Pickle Ranch Dry Rub	•		•			•			•		•	
Brewhouse Bites Sampler with Bone-In Wings with Dip Choice Sriracha Queso Dip, Wing Rub Choice Lemon Pepper Sesame Dry Rub	•		•			•			•		•	•
Brewhouse Bites Sampler with Bone-In Wings with Dip Choice Sriracha Queso Dip, Wing Sauce Choice BJ's Peppered BBQ	•		•			•			•		•	
Brewhouse Bites Sampler with Bone-In Wings with Dip Choice Sriracha Queso Dip, Wing Sauce Choice Honey BBQ	•		•			•			•		•	
Brewhouse Bites Sampler with Bone-In Wings with Dip Choice Sriracha Queso Dip, Wing Sauce Choice Hot Honey Buffalo	•		•			•			•		•	

SHAREABLE APPETIZERS cont.

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Brewhouse Bites Sampler with Bone-In Wings with Dip Choice Sriracha Queso Dip, Wing Sauce Choice Nashville Hot	•		•			•		•	•		•	
Brewhouse Bites Sampler with Bone-In Wings with Dip Choice Sriracha Queso Dip, Wing Sauce Choice Sweet & Spicy Asian Glaze	•		•			•		•	•		•	•
Brewhouse Bites Sampler with Bone-In Wings with Dip Choice Sriracha Queso Dip, Wing Sauce Choice Tatonka® Stout Buffalo	•		•			•			•		•	
Brewhouse Bites Sampler with Boneless Wings with Dip Choice Housemade Guacamole, Wing Rub Choice Dill Pickle Ranch Dry Rub	•		•			•					•	
Brewhouse Bites Sampler with Boneless Wings with Dip Choice Housemade Guacamole, Wing Rub Choice Lemon Pepper Sesame Dry Rub	•		•			•					•	•
Brewhouse Bites Sampler with Boneless Wings with Dip Choice Housemade Guacamole, Wing Sauce Choice BJ's Peppered BBQ	•		•			•					•	
Brewhouse Bites Sampler with Boneless Wings with Dip Choice Housemade Guacamole, Wing Sauce Choice Honey BBQ	•		•			•					•	
Brewhouse Bites Sampler with Boneless Wings with Dip Choice Housemade Guacamole, Wing Sauce Choice Hot Honey Buffalo	•		•			•			•		•	
Brewhouse Bites Sampler with Boneless Wings with Dip Choice Housemade Guacamole, Wing Sauce Choice Nashville Hot	•		•			•		•			•	
Brewhouse Bites Sampler with Boneless Wings with Dip Choice Housemade Guacamole, Wing Sauce Choice Sweet & Spicy Asian Glaze	•		•			•		•			•	•
Brewhouse Bites Sampler with Boneless Wings with Dip Choice Housemade Guacamole, Wing Sauce Choice Tatonka® Stout Buffalo	•		•			•					•	
Brewhouse Bites Sampler with Boneless Wings with Dip Choice Spinach and Artichoke Dip, Wing Rub Choice Dill Pickle Ranch Dry Rub	•		•			•					•	
Brewhouse Bites Sampler with Boneless Wings with Dip Choice Spinach and Artichoke Dip, Wing Rub Choice Lemon Pepper Sesame Dry Rub	•		•			•					•	•
Brewhouse Bites Sampler with Boneless Wings with Dip Choice Spinach and Artichoke Dip, Wing Sauce Choice BJ's Peppered BBQ	•		•			•					•	
Brewhouse Bites Sampler with Boneless Wings with Dip Choice Spinach and Artichoke Dip, Wing Sauce Choice Honey BBQ	•		•			•					•	
Brewhouse Bites Sampler with Boneless Wings with Dip Choice Spinach and Artichoke Dip, Wing Sauce Choice Hot Honey Buffalo	•		•			•			•		•	
Brewhouse Bites Sampler with Boneless Wings with Dip Choice Spinach and Artichoke Dip, Wing Sauce Choice Nashville Hot	•		•			•		•			•	
Brewhouse Bites Sampler with Boneless Wings with Dip Choice Spinach and Artichoke Dip, Wing Sauce Choice Sweet & Spicy Asian Glaze	•		•			•		•			•	•
Brewhouse Bites Sampler with Boneless Wings with Dip Choice Spinach and Artichoke Dip, Wing Sauce Choice Tatonka® Stout Buffalo	•		•			•					•	
Brewhouse Bites Sampler with Boneless Wings with Dip Choice Sriracha Queso Dip, Wing Rub Choice Dill Pickle Ranch Dry Rub	•		•			•			•		•	
Brewhouse Bites Sampler with Boneless Wings with Dip Choice Sriracha Queso Dip, Wing Rub Choice Lemon Pepper Sesame Dry Rub	•		•			•			•		•	•
Brewhouse Bites Sampler with Boneless Wings with Dip Choice Sriracha Queso Dip, Wing Sauce Choice BJ's Peppered BBQ	•		•			•			•		•	

SHAREABLE APPETIZERS cont.

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Brewhouse Bites Sampler with Boneless Wings with Dip Choice Sriracha Queso Dip, Wing Sauce Choice Honey BBQ	•		•			•			•		•	
Brewhouse Bites Sampler with Boneless Wings with Dip Choice Sriracha Queso Dip, Wing Sauce Choice Hot Honey Buffalo	•		•			•			•		•	
Brewhouse Bites Sampler with Boneless Wings with Dip Choice Sriracha Queso Dip, Wing Sauce Choice Nashville Hot	•		•			•		•	•		•	
Brewhouse Bites Sampler with Boneless Wings with Dip Choice Sriracha Queso Dip, Wing Sauce Choice Sweet & Spicy Asian Glaze	•		•			•		•	•		•	•
Brewhouse Bites Sampler with Boneless Wings with Dip Choice Sriracha Queso Dip, Wing Sauce Choice Tatonka® Stout Buffalo	•		•			•			•		•	
California Club Flatbread Pizza	•		•					•			•	•
Chicken Pot Stickers	•							•			•	•
Chicken Tenders	•		•					•			•	
Chips & Housemade Guacamole + Salsa											•	
Crispy Calamari	•		•			•	•				•	•
Deep Dish Nachos with Chicken			•					•			•	•
Fried Couscous Mac & Cheese Balls	•		•			•		•	•		•	
Garlic Shrimp with Parmesan Toast Appetizer			•			•	•	•			•	
Honey Sriracha Brussels Sprouts			•						•		•	•
Mozzarella Sticks	•		•								•	
Pepperoni Extreme Flatbread Pizza			•								•	
Sliders with Fries			•			•					•	
Spinach and Artichoke Dip			•								•	

SLOW-ROASTED WINGS

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
BJ's Original Wings	•		•			•					•	
Bone-in Wings	•		•								•	
Boneless Wings, 1 lb	•		•								•	

SIGNATURE DRY RUBS AND SAUCES

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Wing Sauce Choice BJ's Peppered BBQ												
Wing Sauce Choice Honey BBQ												
Wing Sauce Choice Hot Honey Buffalo									•			
Wing Sauce Choice Nashville Hot Sauce			•					•			•	
Wing Sauce Choice Sweet & Spicy Asian Glaze								•			•	•
Wing Sauce Choice Tatonka® Stout Buffalo						•						
Wing Seasoning Choice Dill Pickle Ranch Dry Rub												
Wing Seasoning Choice Lemon Pepper Sesame Dry Rub												•

STARTER SALADS

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Caesar Starter Salad	•	•	•			•		•			•	
Caesar Starter Salad (TEST)	•	•	•			•		•			•	
Fresh Mozzarella and Tomato Salad			•						•			
House Starter Salad (TEST)			•									
House Starter Salad (No Dressing)			•			•		•			•	
Wedge Starter Salad	•		•					•				
Wedge Starter Salad (TEST)	•		•	•								

STEAKS, CHOPS & RIBS

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Baby Back Pork Ribs, Full Rack with Peppered BBQ Sauce								•			•	
Baby Back Pork Ribs, Half Rack with Peppered BBQ Sauce								•			•	
BJ's Classic Rib-Eye												
Double Bone-In Pork Chop	•							•	•			
Slow-Roasted Prime Rib Dinner	•	•	•					•	•			
Slow-Roasted Tri-Tip & Baby Back Ribs (Half Rack)								•	•		•	
Slow-Roasted Tri-Tip & Chicken								•	•		•	•
Slow-Roasted Tri-Tip & Shrimp Scampi			•				•	•	•		•	
Slow-Roasted Tri-Tip Entree								•	•		•	

STEAK TOPPERS

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Bleu Cheese Crumbles, Add On			•									
Garlic Butter, Add On			•					•				
Mushrooms + Onions, Add On		•	•					•	•			

SIGNATURE SIDES

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Baked Potato			•					•				
Fries											•	
Garlic-Roasted Vegetables								•				•
Rice Pilaf								•			•	
Roasted Asparagus								•				
Steamed Broccoli												
White Cheddar Mashed Potatoes			•					•				

PREMIUM SIDES

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Honey Sriracha Brussels Sprouts, Side			•						•		•	•
Loaded Baked Potato			•					•				
Loaded Mashed Potatoes			•					•				
Sweet Potato Fries											•	

ADD-ONS

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Blackened Chicken, Add On								•				
Blackened Salmon, Add On		•						•				
Blackened Shrimp, Add On							•	•				
Grilled Shrimp, Add On							•	•				
Oven-Roasted Chicken, Add On								•				•
Oven-Roasted Salmon, Add On		•						•				

SPECIALTY ENTREES

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
BJ's Brewhouse Blonde® Fish 'N' Chips	•	•	•			•		•	•		•	
BJ's Brewhouse Protein Bowl (Vegetarian)			•					•	•			
BJ's Brewhouse Protein Bowl with Blackened Chicken			•					•	•			
BJ's Brewhouse Protein Bowl with Blackened Salmon		•	•					•	•			
BJ's Brewhouse Protein Bowl with Blackened Shrimp			•				•	•	•			
BJ's Brewhouse Protein Bowl with Grilled Shrimp			•				•	•	•			•
BJ's Brewhouse Protein Bowl with Oven-Roasted Chicken			•					•	•			•
BJ's Brewhouse Protein Bowl with Oven-Roasted Salmon		•	•					•	•			
BJ's Brewhouse Protein Bowl with Slow-Roasted Tri-Tip			•					•	•		•	
Enlightened Cherry Chipotle Glazed Salmon		•						•			•	

SPECIALTY ENTREES cont.

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Enlightened Cherry Chipotle Glazed Salmon (Manchester)		•						•			•	
Fresh Atlantic Salmon (Blackened) with Broccoli		•	•					•	•		•	
Fresh Atlantic Salmon (Oven-Roasted) with Broccoli		•	•					•	•		•	
New Orleans Jambalaya			•				•	•	•		•	
Parmesan-Crusted Chicken	•		•			•		•	•		•	
Sal's Brewhouse Chicken			•					•	•		•	

SIGNATURE PASTAS & MORE

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Chicken Alfredo with Garlic Knots			•			•		•			•	•
Deep Dish Ziti with Garlic Knots	•		•			•		•			•	
Garlic Knots			•			•					•	
Italian Chicken Parmigiana Pasta with Garlic Knots	•		•			•		•			•	
Jumbo Spaghetti and Meatballs with Garlic Knots	•		•			•		•			•	
Shrimp Scampi Pasta with Garlic Knots			•			•	•	•			•	
Veggie Pasta with Garlic Knots			•			•					•	

LOADED BURGERS

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
All-American Smash Burger with Fries	•	•	•			•		•			•	
Bacon Cheeseburger with Fries	•	•	•			•		•			•	
Bacon-Guacamole Deluxe Burger with Fries	•		•			•		•			•	
BJ's Smokehouse Burger with Fries	•		•			•		•			•	
BJ's Wagyu Burger with Fries	•		•			•		•	•		•	
Classic Cheeseburger with Fries	•	•	•			•		•			•	
Crispy Jalapeno Burger with Fries	•		•			•		•			•	
Hatch Green Chile Smash Burger with Fries			•			•		•	•		•	
Hickory Brisket and Bacon Burger with Fries	•		•			•		•			•	
Steakhouse Burger with Fries	•		•			•		•	•		•	

BURGER ADD-ONS

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Avocado, Add On												
Cheese Choice American Cheese			•					•				
Cheese Choice Cheddar Cheese			•									
Cheese Choice Pepper Jack Cheese			•									
Cheese Choice Provolone Cheese			•									
Cheese Choice Swiss Cheese			•									
Gluten-Free Bun	•											
Housemade Guacamole, Add On												
Smoked Bacon												
Veggie Patty			•			•		•			•	

HANDHELDS

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
BJ's Classic Crispy Chicken Sandwich with Fries	•		•			•			•		•	
BJ's Classic Crispy Chicken Sandwich with Wing Sauce Choice Honey BBQ	•		•			•			•		•	
BJ's Classic Crispy Chicken Sandwich with Wing Sauce Choice Hot Honey Buffalo	•		•			•			•		•	
BJ's Classic Crispy Chicken Sandwich with Wing Sauce Choice Nashville Hot Sauce	•		•			•		•	•		•	
BJ's Classic Crispy Chicken Sandwich with Wing Sauce Choice Peppered BBQ	•		•			•			•		•	

HANDHELDS cont.

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
BJ's Classic Crispy Chicken Sandwich with Wing Sauce Choice Tatonka® Stout Buffalo	•		•			•			•		•	
BJ's Slow-Roasted Beef Dip with Fries	•	•	•			•		•	•		•	
California Chicken Club Sandwich with Fries	•		•			•		•			•	•
Classic Prime Rib Dip with Fries	•	•	•			•		•	•		•	
Enlightened Mediterranean Chicken Pita Tacos			•					•	•		•	•
Korean Sweet & Spicy Chicken Sandwich with Fries	•		•			•		•	•		•	•

CHEF-CRAFTED SALADS

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Caesar Salad (No Protein)	•	•	•			•		•			•	
Caesar Salad with Blackened Chicken	•	•	•			•		•			•	
Caesar Salad with Blackened Salmon	•	•	•			•		•			•	
Caesar Salad with Blackened Shrimp	•	•	•			•	•	•			•	
Caesar Salad with Oven-Roasted Salmon	•	•	•			•		•			•	
Chicken Caesar Salad	•	•	•			•		•			•	•
Chicken Caesar Salad (TEST)	•	•	•			•		•			•	•
Enlightened Asian Chopped Salad	•							•			•	•
Enlightened Asian Chopped Salad (Manchester)	•							•			•	•
Enlightened Seared Ahi Salad	•	•						•	•		•	•
Enlightened Seared Ahi Salad (TEST)		•						•	•		•	•
Enlightened Strawberry Fields Salad			•					•	•	•		•
Santa Fe Salad (TEST)	•		•	•				•			•	
Santa Fe Salad	•		•					•			•	
Santa Fe Salad (No Protein)	•		•								•	
Santa Fe Salad with Blackened Salmon	•	•	•					•			•	
Santa Fe Salad with Blackened Shrimp	•		•				•	•			•	
Santa Fe Salad with Oven-Roasted Chicken	•		•					•			•	•
Santa Fe Salad with Oven-Roasted Salmon	•	•	•					•			•	
Steakhouse Wedge Salad	•		•					•	•		•	
Steakhouse Wedge Salad (TEST)	•		•	•				•	•		•	

SIGNATURE DRESSINGS

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Balsamic Vinaigrette									•			
Bleu Cheese Dressing	•		•					•				
Caesar Dressing	•	•	•									
Honey Mustard Dressing	•											
Housemade Ranch Dressing (TEST)	•		•	•								
Italian Dressing												
Oil & Vinegar									•			
Ranch Dressing	•		•									
Rice Wine Vinaigrette								•	•		•	
Santa Fe Dressing	•		•									
Santa Fe Dressing (TEST)	•		•	•								
Thousand Island Dressing	•											

SIGNATURE SOUPS

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Broccoli Cheddar Soup in a Sourdough Loaf			•			•		•			•	
Broccoli Cheddar Soup, Bowl			•					•			•	
Broccoli Cheddar Soup, Cup			•					•			•	
Chicken Tortilla Soup in a Sourdough Loaf			•			•		•			•	
Chicken Tortilla Soup, Bowl			•					•			•	
Chicken Tortilla Soup, Cup			•					•			•	

SIGNATURE SOUPS cont.

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Clam Chowder in a Sourdough Loaf (with Oyster Crackers)		•	•			•	•	•	•		•	
Clam Chowder, Bowl (with Oyster Crackers)		•	•			•	•	•	•		•	
Clam Chowder, Cup (with Oyster Crackers)		•	•			•	•	•	•		•	
Sourdough Bread Boule			•			•					•	

SOUP AND SALAD COMBO

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Soup and Salad Combo with Bowl of Broccoli Cheddar Soup, Salad Choice Caesar Salad	•	•	•			•		•			•	
Soup and Salad Combo with Bowl of Broccoli Cheddar Soup, Salad Choice Fresh Mozzarella and Tomato Salad			•					•	•		•	
Soup and Salad Combo with Bowl of Broccoli Cheddar Soup, Salad Choice House Salad			•			•		•			•	
Soup and Salad Combo with Bowl of Broccoli Cheddar Soup, Salad Choice Wedge Salad	•		•					•			•	
Soup and Salad Combo with Bowl of Chicken Tortilla Soup, Salad Choice Caesar Salad	•	•	•			•		•			•	
Soup and Salad Combo with Bowl of Chicken Tortilla Soup, Salad Choice Fresh Mozzarella and Tomato Salad			•					•	•		•	
Soup and Salad Combo with Bowl of Chicken Tortilla Soup, Salad Choice House Salad			•			•		•			•	
Soup and Salad Combo with Bowl of Chicken Tortilla Soup, Salad Choice Wedge Salad	•		•					•			•	
Soup and Salad Combo with Bowl of Clam Chowder, Salad Choice Caesar Salad	•	•	•			•	•	•	•		•	
Soup and Salad Combo with Bowl of Clam Chowder, Salad Choice Fresh Mozzarella and Tomato Salad		•	•			•	•	•	•		•	
Soup and Salad Combo with Bowl of Clam Chowder, Salad Choice House Salad		•	•			•	•	•	•		•	
Soup and Salad Combo with Bowl of Clam Chowder, Salad Choice Wedge Salad	•	•	•			•	•	•	•		•	

DEEP DISH PIZZAS

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Barbeque Chicken Deep Dish Pizza, Personal			•			•		•			•	•
Barbeque Chicken Deep Dish Pizza, Shareable			•			•		•			•	•
Barbeque Chicken Deep Dish Pizza, Large			•			•		•			•	•
BJ's Classic Combo Deep Dish Pizza, Personal			•			•					•	
BJ's Classic Combo Deep Dish Pizza, Shareable			•			•					•	
BJ's Classic Combo Deep Dish Pizza, Large			•			•					•	
BJ's Favorite Deep Dish Pizza, Personal	•		•			•					•	
BJ's Favorite Deep Dish Pizza, Shareable	•		•			•					•	
BJ's Favorite Deep Dish Pizza, Large	•		•			•					•	
Classic Cheese Deep Dish Pizza, Personal			•			•					•	
Classic Cheese Deep Dish Pizza, Shareable			•			•					•	
Classic Cheese Deep Dish Pizza, Large			•			•					•	
Chicken Bacon Ranch Deep Dish Pizza, Personal	•		•			•		•			•	•
Chicken Bacon Ranch Deep Dish Pizza, Shareable	•		•			•		•			•	•
Chicken Bacon Ranch Deep Dish Pizza, Large	•		•			•		•			•	•
Epic Five Meat Deep Dish Pizza, Personal	•		•			•					•	
Epic Five Meat Deep Dish Pizza, Shareable	•		•			•					•	
Epic Five Meat Deep Dish Pizza, Large	•		•			•					•	
Pepperoni Extreme Deep Dish Pizza, Personal			•			•					•	
Pepperoni Extreme Deep Dish Pizza, Shareable			•			•					•	
Pepperoni Extreme Deep Dish Pizza, Large			•			•					•	
Vegetarian Pizza, Delorio, Personal			•			•					•	
Vegetarian Pizza, Delorio, Shareable			•			•					•	
Vegetarian Pizza, Delorio, Large			•			•					•	

BUILD YOUR OWN DEEP DISH PIZZAS

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Build Your Own Deep Dish Pizza			•			•					•	
with Anchovies		•	•			•					•	
with Black Olives			•			•					•	
with Chicken			•			•		•			•	•
with Cup & Char Pepperoni			•			•					•	
with Fresh Basil			•			•					•	
with Fresh Tomatoes			•			•					•	
with Green Bell Peppers			•			•					•	
with Housemade Meatballs	•		•			•					•	
with Italian Sausage			•			•					•	
with Jalapenos			•			•					•	
with Mushrooms			•			•					•	
with Onions			•			•					•	
with Pineapple			•			•					•	
with Roasted Garlic			•			•					•	
with Smoked Bacon			•			•					•	
with Smoked Ham			•			•					•	

TAVERN-CUT PIZZAS

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
BJ's Brewhouse Classic			•								•	
The Spicy Pig			•								•	

BUILD YOUR OWN TAVERN-CUT PIZZA

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Build Your Own Tavern-Cut Pizza			•								•	
with Anchovies		•	•								•	
with Black Olives			•								•	
with Chicken			•					•			•	•
with Cup & Char Pepperoni			•								•	
with Fresh Basil			•								•	
with Green Bell Peppers			•								•	
with Housemade Meatballs	•		•								•	
with Italian Sausage			•								•	
with Jalapenos			•								•	
with Mushrooms			•								•	
with Onions			•								•	
with Pineapple			•								•	
with Roasted Garlic			•								•	
with Smoked Bacon			•								•	
with Smoked Ham			•								•	

GLUTEN-FREE THIN-CRUST PIZZAS

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
BBQ Chicken Pizza, Gluten Free Crust			•					•				•
BJ's Classic Combo Pizza, Gluten Free Crust			•									
Chicken Bacon Ranch Pizza, Gluten Free Crust	•		•					•				•
Pepperoni Extreme Pizza, Gluten Free Crust			•									
Vegetarian Pizza, Gluten Free Crust			•									
Gluten-Free Thin-Crust Cheese Pizza			•									
with Anchovies		•	•									
with Black Olives			•									
with Chicken			•					•				•
with Cup & Char Pepperoni			•									
with Fresh Basil			•									

GLUTEN-FREE THIN-CRUST PIZZAS cont.

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
with Green Bell Peppers			•									
with Italian Sausage			•									
with Jalapenos			•									
with Mushrooms			•									
with Onions			•									
with Pineapple			•									
with Roasted Garlic			•									
with Smoked Bacon			•									
with Smoked Ham			•									

PIZZA TOPPINGS

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Anchovies		•										
Black Olives												
Chicken								•				•
Cup & Char Pepperoni												
Fresh Basil												
Green Bell Peppers												
Housemade Meatballs	•		•								•	
Italian Sausage												
Jalapenos												
Mushrooms												
Onions												
Pineapple												
Roasted Garlic												
Smoked Bacon												
Smoked Ham												

DESSERTS

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Chocolate Chunk Pizookie®	•		•					•			•	
Cookies 'n' Cream Pizookie®	•		•					•			•	
Ghirardelli® Double Chocolate Chip Ice Cream	•		•					•				
Gluten Free Chocolate Chip Pizookie®	•		•					•				
Mini Chocolate Chunk Pizookie®	•		•					•			•	
Mini Cookies 'n' Cream Pizookie®	•		•					•			•	
Mini Gluten Free Chocolate Chip Pizookie®	•		•					•				
Mini Salted Caramel Pizookie®	•		•			•		•		•	•	
Mini Strawberry Shortcake Pizookie®	•		•					•			•	
Mini Sugar Cookie Pizookie®	•		•					•			•	
Mini Triple Chocolate Pizookie® Made With Ghirardelli®	•		•			•		•			•	
Salted Caramel Pizookie®	•		•			•		•		•	•	
Strawberry Shortcake Pizookie®	•		•					•			•	
Sugar Cookie Pizookie®	•		•					•			•	
Triple Chocolate Pizookie® Made With Ghirardelli®	•		•			•		•			•	
Vanilla Bean Ice Cream	•		•					•				

BJ'S HANDCRAFTED SODAS & FLOATS

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
BJ's Handcrafted Ginger Beer												
Black Cherry Soda												
Black Cherry Soda Float	•		•					•				
Orange Cream Soda												
Orange Cream Soda Float	•		•					•				
Root Beer												

BJ'S HANDCRAFTED SODAS & FLOATS cont.

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Root Beer Soda Float	•		•					•				
Vanilla Cream Soda												
Vanilla Cream Soda Float	•		•					•				

BEVERAGES

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Brisk Raspberry Iced Tea												
Chocolate Milk			•									
Coffee												
Decaf Coffee												
Diet Dr Pepper												
Diet Pepsi												
Dr Pepper												
Hot Chocolate			•									
Hot Tea												
Iced Tea												
Lemonade												
Milk			•									
Mountain Dew												
Pepsi												
Roy Rogers												
Shirley Temple												
Starry												
Strawberry Lemonade												
Sweet Tea												

PREMIUM REFRESHERS

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Blue Raspberry Candy Crush			•								•	
Boba-licious Mango Sparkler												
Razzle Dazzle Berry Fizz												
Strawberry Dream										•		

BJ'S SIGNATURE COCKTAILS & MOCKTAILS

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Blueberry Sour												
Blushing Sangria Mocktail									•			
Cosmopolitan												
Espresso Martini			•									
Grand Patron Margarita with Float												
Grand Patron Margarita with Mini Bottle												
Grand Patron Margarita with Sidecar												
Handcrafted Rita												
Hibiscus Blood Orange Mezcalita												
Margarita Flight												
Paradise Pomegranate Margarita												
Red Sangria									•			
Sparkling Sangria									•			
Strawberry Rita												
Strawberry Rose Lemon Drop												
The Lucky Ducky™									•	•		
Tiki Twist Mocktail									•			
Tito's Strawberry Lemonade												
White Peach Boba-Rita									•			
Woodford Reserve Old Fashioned												

BJ'S SIGNATURE HANDCRAFTED BEERS

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
BJ's Berry Burst Cider®									•			
BJ's Brewhouse Blonde®						•					•	
BJ's Committed® Double IPA						•						
BJ's Hard Root Beer												
BJ's Harvest Hefeweizen®						•					•	
BJ's HopStorm® IPA						•					•	
BJ's Jeremiah Red®						•						
BJ's LightSwitch® Lager						•					•	
BJ's Nutty Brewnette®						•						
BJ's Oasis® Amber						•						
BJ's Piranha® Pale Ale						•					•	
BJ's Prickly Pear Hard Lemonade						•						
BJ's Sweet Sin Chocolate Porter™						•						
BJ's Tatonka® Stout						•						

PIZOOKIE® MEAL DEAL

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
BJ's Original Crispy Chicken Sandwich with Fries	•		•			•					•	
Chips & Fire Roasted Salsa											•	
Enlightened Mediterranean Chicken Bowl			•					•	•			•
Italian Chicken Parmigiana Pasta	•		•			•		•			•	
Southern Fried Chicken			•			•		•	•		•	

LIMITED TIME ONLY - FOOD

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Mike's Hot Honey Pizza			•			•					•	
Spooky Pizookie®	•		•					•			•	

LIMITED TIME ONLY - BEVERAGES

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Autumn Spice Margarita												
Orange Scream-Sicle (Non-Alcoholic)			•									
unLucky Ducky®									•	•		

KIDS MENU ITEMS

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Kids Apple Juice												
Kids BJ's Handcrafted Root Beer												
Kids Boneless Chicken Wings with Honey BBQ Sauce	•		•								•	
Kids Cheese Pizza			•			•		•			•	
Kids Chicken Breast								•				•
Kids Chicken Tenders with Ranch Dressing	•		•					•			•	
Kids Chocolate Milk			•									
Kids Cranberry Juice												
Kids Diet Dr Pepper												
Kids Diet Pepsi												
Kids Dr Pepper												
Kids Fresh Fruit												
Kids Fries											•	
Kids Happy Face Potatoes											•	
Kids Lemonade												
Kids Mac 'n' Cheese			•								•	
Kids Milk			•									
Kids Mini Burgers			•			•					•	

KIDS MENU ITEMS cont.

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Kids Mini Corn Dogs	•		•			•		•			•	
Kids Mountain Dew												
Kids Orange Juice												
Kids Pasta, Add Chicken								•			•	•
Kids Pasta, Add Meatball	•		•					•			•	
Kids Pasta, Alfredo Sauce			•			•					•	
Kids Pasta, Butter and Parmesan Sauce			•								•	
Kids Pasta, Fettuccini											•	
Kids Pasta, Marinara Sauce											•	
Kids Pasta, Penne											•	
Kids Pasta, Spaghetti											•	
Kids Pepperoni Pizza			•			•		•			•	
Kids Pepsi												
Kids Starry												
Kids Steamed Broccoli												
Kids Sundae	•		•					•				
Kids White Cheddar Mashed Potatoes			•					•				

CATERING APPETIZERS

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Bone-in Chicken Wings Platter (sauce choice not included)	•		•			•					•	
Boneless Chicken Wings Platter (sauce choice not included)	•		•								•	
Burger Sliders Platter			•			•					•	
Chicken Tenders Platter	•		•					•			•	
Chips & Housemade Guacamole + Salsa											•	
Housemade Potato Chips											•	
Mozzarella Sticks Platter	•		•								•	
Spinach and Artichoke Dip Platter			•								•	
Wing Sauce Choice BJ's Peppered BBQ (sauce only)												
Wing Sauce Choice Honey BBQ (sauce only)												
Wing Sauce Choice Hot Honey Buffalo (sauce only)									•			
Wing Sauce Choice Nashville Hot Sauce (sauce only)			•					•			•	
Wing Sauce Choice Sweet & Spicy Asian Glaze (sauce only)								•			•	•
Wing Sauce Choice Tatonka® Stout Buffalo Sauce (sauce only)						•						
Wing Seasoning Choice Dill Pickle Ranch Dry Rub (dry rub)												
Wing Seasoning Choice Lemon Pepper Sesame Dry Rub (dry rub only)												•

CATERING SANDWICHES

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
California Chicken Club Mini Sandwiches	•		•			•		•			•	•
Greek Veggie Mini Sandwiches	•		•			•					•	
Roast Beef Mini Sandwiches	•	•	•			•		•	•		•	
Smoked Ham & Swiss Mini Sandwiches	•		•			•		•	•		•	

CATERING GARDEN FRESH SALADS

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Caesar Salad, Catering	•	•	•			•		•			•	
Caesar Salad, Catering (TEST)	•	•	•			•		•			•	
Enlightened Asian Chopped Salad, Catering	•							•			•	•
Enlightened Asian Chopped Salad, Catering (TEST)	•							•			•	•
House Salad, Catering			•			•		•			•	
House Salad, Catering (TEST)			•									
Santa Fe Cobb Salad, Catering (TEST)	•		•	•				•			•	
Santa Fe Salad, Catering	•		•								•	

CATERING GARDEN FRESH SALADS cont.

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Add Avocado, Catering												
Add Chicken, Catering								•				•
Add Salmon, Catering		•						•				
Add Shrimp, Catering							•	•				
Add Tri-Tip, Catering			•					•	•		•	

CATERING PASTAS

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Chicken Alfredo with Garlic Knots, Catering			•			•		•			•	•
Deep Dish Ziti with Garlic Knots, Catering	•		•			•					•	
Jumbo Spaghetti and Meatballs with Garlic Knots, Catering	•		•			•					•	
Shrimp Scampi Pasta with Garlic Knots, Catering			•			•	•	•			•	
Veggie Pasta with Garlic Knots, Catering			•			•					•	

CATERING ENTREES

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Baby Back Ribs, Catering								•			•	
BJ's Brewhouse Protein Bowl, Catering (Vegetarian)			•					•	•			
Cherry Chipotle Glazed Salmon, Catering		•						•			•	
Cherry Chipotle Glazed Salmon, Catering (Manchester)		•						•			•	
Fresh Atlantic Salmon, Catering		•	•					•	•		•	
New Orleans Jambalaya, Catering			•				•	•	•		•	
Parmesan-Crusted Chicken, Catering	•		•			•		•	•		•	
Sal's Brewhouse Chicken			•					•	•		•	
Slow-Roasted Tri-Tip Entree, Catering								•	•		•	

CATERING SIDES

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Broccoli, Catering												
White Cheddar Mashed Potatoes, Catering			•					•				

CATERING DESSERTS

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Chocolate Chunk Cookies, Catering	•		•					•			•	
Mini Chocolate Chunk Pizookies®, Catering	•		•					•			•	
Seasonal Fresh Fruit Platter, Catering												

CATERING BEVERAGES

	Eggs	Fish	Milk	MSG	Peanuts	Other Gluten	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
BJ's Handcrafted Black Cherry Soda, Catering												
BJ's Handcrafted Orange Cream Soda, Catering												
BJ's Handcrafted Root Beer, Catering												
BJ's Handcrafted Vanilla Cream Soda, Catering												
Lemonade, Catering												
Regular Freshly Brewed Iced Tea, Catering												
Unsweetened Black Tea, Catering												

BJ's uses a diverse and wide variety of menu items that contain one or more of the nine major food allergens: eggs, fish, milk, peanuts, crustacean shellfish, soybeans, tree nuts, wheat and sesame. BJ's menu items may also contain gluten. BJ's utilizes a variety of food manufacturers and suppliers who provide information to BJ's as to the use of food allergens in their products. Ingredients and preparation methods implemented by BJ's suppliers may change without notice.

While BJ's emphasizes food safety, we cannot guarantee that a menu item will be completely allergen free. Our kitchen operations are dynamic and involve shared preparation areas, utensils and cooking equipment, including common fryer oil and cooking surfaces, and menu items, including items from our Allergen Menu, may come into contact with food allergens.

Please notify your server if you have a food allergy or sensitivity.